

MAGYAR VERBUNK
(Hungary)

One of the most famous of Hungarian dances is the Verbunk, a man's recruiting dance. Magyar Verbunk, the variation found in the Szatmar region of north-eastern Hungary, is probably the best known variant. These typical figures have been arranged for recreational dancing.

Pronunciation: MAW-dyawr VEHR-boonk

Translation: Hungarian man's recruiting dance.

Music: Hungaria HRC 008 Side B/2 4/4 meter

Formation: Circle of M facing ctr. Fists on hips, ft in parallel 1st pos.

MeasPattern

- I.
Straighten and bend knees
- 1 Introduction. No action.
- 2 Straighten knees (ct 1); bend knees slightly (ct 2); repeat cts 1,2 (cts 3,4).
- 3-4 Repeat meas 2 two more times.
- Straighten and bend knees to side:
- 5 Straighten knees (ct 1); bend knees, turning knees slightly to R (ct 2); straighten knees (ct 3); bend knees, turning knees slightly to L (ct 4).
Repeat meas 5.
- 6 Sway side to side:
- 7 Step R ft slightly to R, keeping L in place. With knees close together, transfer wt to R ft, shifting knees to R (ct 1); keeping R in place, transfer wt to L, shifting knees to L (ct 2); keeping L in place, transfer wt to R, shifting knees to R (ct 3); transfer wt to L, shifting knees to L and raising R lower leg to R side (ct 4).
Heel click-Bokázó:
- 8 Small hop on L, swinging R lower leg fwd (ct 1); jump onto both ft in a stride pos (ct 2); jump onto both ft, snapping ft together with heel-click (ct 3); take wt on L, raising R lower leg slightly to R side (ct 4).
- II
Double traveling heel clicks-Páros Bokázó:
Hands move freely at sides.
- 1 Small hop on L, moving to R, at the same time closing R to L with heel-click, and landing on both ft (ct 1); take wt on L, raising R lower leg slightly to R side (ct &); repeat ct 1 (ct 2); take wt on R, raising L lower leg slightly to L side (ct &); repeat cts 1,&,2,& with opp ftwk and direction (cts 3,&,4,&).
- 2 Repeat meas 1.

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- 3 Single traveling heel clicks-Egyes Bokázó:
Small hop on L, moving to R, at the same time closing R to L with heel-click, and landing on both ft (ct 1); take wt on R, raising L lower leg slightly to L side (ct &); repeat cts 1,& with opp ftwk and direction (cts 2,&); repeat cts 1,&,2,& (cts 3,&,4,&).
- 4 Repeat meas 3.
- 5 Single traveling heel clicks with thigh slaps:
Repeat meas 3, cts 1,&,2,&. On ct 1,&, slap L thigh with L hand as L lower leg is raised to side. On ct 2 &, slap R thigh with R hand as R lower leg is raised to side. Repeat cts 1,&,2,& (cts 3,&,4,&).
- 6 Repeat meas 5.
- 7 Repeat meas 5 cts 1,& (cts 1,&); leap onto L in place, raising R lower leg to R side (ct 2); slap outside of R boot heel with R hand (ct &); leap onto R in place, raising L lower leg to L side (ct 3); slap outside of L boot heel with L hand (ct &); leap onto L in place, raising R leg fwd (ct 4); slap inside of R boot top with R hand (ct &).
- 8 Repeat meas 7, cts 4,& with opp ftwk and direction (cts 1,&); repeat meas 7 cts 4,& (cts 2,&); close R sharply to L with heel-click (ct 3); clap, shift wt onto L (ct 4).

III.

- 1 Reel steps - Hatravágó
Hop on L, moving slightly fwd, raising and bending R leg so R ft is near inside of L knee (ct 1); step on R close behind L (ct 2); repeat cts 1,2 with opp ftwk (cts 3,4).
- 2 Repeat meas 1. On ct 4,&, swing R lower leg out to R side, heel turned out, knees close together.
- 3 Threes to side - Cifra:
Small low leap to R on R (ct 1); step L behind R (ct &); step R to R, bending R knee slightly (ct 2); swing L lower leg out to L side, heel turned out, knees close together (ct &); repeat cts 1,&,2,& with opp ftwk and direction (cts 3,&,4,&).
- 4 Repeat meas 3.
- 5 Jumps onto heels - Sarokra Billenes:
Small low leap to R on R (ct 1); step L behind R (ct &); jump onto both ft, wt on balls of ft, in stride pos, toes pointed in, knees bent and close together (ct 2); jump onto both ft, wt on heels, in stride pos, toes pointed out, knees straight (ct 3); jump onto both ft, wt on balls of ft, in stride pos, toes pointed in, knees bent and close together (ct 4).
Note: Cts 2-4 are done in place, with only rotation of ft and legs changing.
- 6 Repeat meas 5, cts 3,4 (cts 1,2); repeat meas 5, ct 1 (ct 3); low leap in place onto R, swinging L lower leg out to L side (ct 4).

MAGYAR VERBUNK (cont'd)Bell Cifras in place - Kisharang:

- 7 Low leap onto R in place (ct 1); small step to L on L (ct &); step R beside L, bending knee (ct 2); swing L lower leg out to L side (ct &); repeat cts 1,&,2,& with opp ftwk and direction (cts 3,&,4,&).
- 8 Repeat meas 7, cts 1,&,2 (cts 1,&,2); touch ball of L ft to floor to L side (ct &); close L to R with heel-click (ct 3); take wt on L, raising R lower leg to R side (ct 4).

IV.Threes: side to side with claps and slaps - Cifra ésCsapasolok:

- 1 Low leap to R on R (ct 1); step L behind R (ct &); step R to R (ct 2); raise L leg slightly fwd (ct &); repeat cts 1,&,2,& with opp ftwk and direction (cts 3,&,4,&).
- 2 Repeat ftwk of meas 1. Clap hands in front of chest on cts 1,2,3,&,4 (5 claps).
- 3 Repeat ftwk of meas 1. Clap hands in front of chest on cts 1,&,2 (3 claps). On ct & slap inside of L boot top with L hand; repeat claps, slapping R boot top with R hand (cts 3,&,4,&).
- 4 Repeat meas 3, cts 1,&,2,& (cts 1,&,2,&); repeat meas 2 cts 3,&,4,& (cts 3,&,4,&). No boot slap on ct 4 &.
- Boot slaps - Csapas:
- 5 Hop on L, raising R lower leg to R back diag, and slap outside of R boot heel with R hand (ct 1); step onto R in place and clap hands in front of chest (ct 2); repeat cts 1,2 with opp ftwk (cts 3,4).
- 6 Repeat meas 5.
- 7 Hop on L, raising R lower leg to L back diag, and slap inside of R boot heel with L hand (ct 1); leap onto R, raising L lower leg to R back diag, and slap inside of L boot heel with R hand (ct 2); repeat ct 2, with opp ftwk (ct 3); repeat ct 2 without slapping boot heel (ct 4).
- 8 Hop on R, raising L leg fwd, and slap L inside boot top with L hand (ct 1); hop on R, swinging L lower leg to L side, and slap outside of L boot heel with L hand (ct 2); close L to R with heel click, taking wt on both ft (ct 3); hold (ct 4).

Repeat dance from the beginning. Figs I, II, III are identical repeats. Fig IV has a second ending:

IV-A

- 1-5 Repeat Fig IV, meas 1-5.
- Closing steps - Záró Lépések:
- 6 Hop on L, raising R leg fwd; clap hands under R knee (ct 1); step onto R in place (ct 2); repeat cts 1,2 with opp ftwk (cts 3,4).

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- 7 Hop on L, raising R knee slightly fwd, and clap hands behind back (ct 1); step onto R in place and clap hands in front of chest (ct 2); kick L leg fwd while leaping from R, and slap inside of L boot top with L hand (ct 3); kick R leg fwd while landing on L, and slap inside of R boot top with R hand (ct &); step on R in place, clapping hands in front of chest (ct 4).
- 8 Raise L leg fwd and slap inside of L boot top with L hand (ct 1); leap onto L in place, clapping hands in front of chest and raising R leg to R side (ct 2); close R to L with heel click, place L fist on hip, and extend R arm to R side, high (ct 3); hold (ct 4).

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Dance description by
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